



PACIFIC POST PARTUM SUPPORT SOCIETY

you are not alone

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Postpartum Depression/Anxiety Telephone Support Volunteer Workshop

Pacific Post Partum Support Society has been supporting women and their families experiencing postpartum emotional distress issues since 1971.

We are offering a two-day workshop at our office
Saturday January 19 and Saturday February 2, 2019
Both days from 10:00 to 2:30.

7342 Winston Street, Burnaby, BC

Participants register for both days.

This training will focus on basic skills for providing support for women during the perinatal period.

This training will benefit moms who want to give back and support other mothers by telephone and have the time to do a minimum of one 2-4 hour shift in the office once a month as part of their apprenticeship after the training.

Please contact georgie@postpartum.org to set up a telephone interview.

Our mission is to end the isolation and distress experienced by many women and their families with the profound life change that accompanies the birth or adoption of a child.