



# PACIFIC POST PARTUM SUPPORT SOCIETY

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## Postpartum Depression/Anxiety Telephone Support Volunteer Workshop

Pacific Post Partum Support Society has been supporting women and their families experiencing postpartum emotional distress issues since 1971.

We are offering a two-day workshop at our office  
**Saturday, February 18, 2017 and Saturday, March 4, 2017**  
**Both days from 10:30 to 2:30.**

**7342 Winston Street, Burnaby, BC**

Participants register for both days.

This training will focus on basic skills for providing support for women during the perinatal period.

This training will benefit moms who want to give back and support other mothers by telephone and have the time to do a 2-4 hour shift at our Burnaby office at least once a month as part of their apprenticeship after the training.

Please contact [georgie@postpartum.org](mailto:georgie@postpartum.org) to set up a telephone interview.